

**Oceana County**  
**2016 COMMUNITY HEALTH ASSESSMENT AT-A-GLANCE**

Indicator		Michigan	DHD#10	Oceana County
Access to Care	No primary care provider		17.4%	12.1%
	Ratio: Primary care physicians	1,240:1		1,870:1
	Ratio: Dentists	1,450:1		3,750:1
	Had to forego care in past year due to costs		12.4%	10.7%
Chronic Disease	High blood pressure		33.4%	36.3%
	High cholesterol		32.2%	35.8%
	Heart attack		5.2%	5.5%
	Diabetes		10.2%	14.8%
	Cancer, non-skin		6.9%	7.9%
Health Disparities	Median household income	\$48,200		\$43,134
	Poverty – all ages	17.0%		18.3%
	Unemployment	7.3%		9.8%
	Poverty – children ages 0-17	23.7%		30.9%
	College degree	26.4%		16.1%
Healthy Lifestyles	Overweight and obesity - adults		66.1%	67.5%
	Overweight and obesity - youth			41.6%
	No leisure time physical activity		32.6%	43.9%
	Inadequate fruit and vegetable consumption		83.3%	85.5%
Maternal /Child	Smoked during pregnancy	18.3%		23.7%
	Teen pregnancy	38.3/1,000		50.9/1,000
Mental Health	Poor mental health in past 14 days		12.1%	8.0%
	Ratio: Mental health providers	450:1		3,280:1
Substance Abuse	Youth – alcohol use in past 30 days			15.9%
	Youth – marijuana use in past 30 days			10.3%
	Drug overdose deaths	16/100,000		18/100,000
Tobacco	Smoking - adults		29.1%	21.5%
	Youth – cigarette use in past 30 days			5.3%
	Youth – e-cigarette use in past 30 days			8.7%

Sources: District Health Department #10, US Census Bureau, Michigan Department of Health and Human Services, Michigan Profile for Healthy Youth, County Health Rankings.

QUESTION	Oceana N=75
<b>What are the most important factors needed for a healthy community?</b>	<ol style="list-style-type: none"> <li>1. Access to health care, including primary care, specialty care, behavioral health, or dental care</li> <li>2. Access to affordable, healthy food</li> <li>3. Good jobs and healthy economy</li> <li>4. Good schools/ high value on education</li> <li>5. Affordable housing</li> </ol>
<b>What are the most important community health problems in the county you live in?</b>	<ol style="list-style-type: none"> <li>1. Substance abuse (alcohol, illegal drugs, prescription drugs)</li> <li>2. Overweight and obesity</li> <li>3. Mental health issues</li> <li>4. Chronic disease (heart disease, cancer, stroke)</li> <li>5. Lack of access to primary, specialty care, behavioral health or dental care</li> </ol>

QUESTION	ADULTS	OLDER ADULTS	CHILDREN
<b>What are the problems adults, older adults, and children in your family have in getting health care services?</b>	<ul style="list-style-type: none"> <li>• Health insurance has high deductibles/co-pays</li> <li>• Cannot afford visit to doctor, dentist, clinic, and/or hospital</li> <li>• Health insurance coverage is limited</li> <li>• Finding a dentist</li> <li>• Finding a behavioral health provider</li> </ul>	<ul style="list-style-type: none"> <li>• Health insurance has high deductibles/co-pays</li> <li>• Health insurance coverage is limited</li> <li>• Health insurance does not cover dental services</li> <li>• Cannot afford visit to doctor, dentist, clinic, and/or hospital</li> <li>• Health insurance does not cover medications</li> <li>• Transportation issues</li> </ul>	<ul style="list-style-type: none"> <li>• Health insurance has high deductibles/co-pays</li> <li>• Health insurance coverage is limited</li> <li>• ER waiting time</li> <li>• Transportation issues</li> <li>• Cannot afford visit to doctor, dentist, clinic, and/or hospital</li> <li>• Finding a behavioral health provider</li> </ul>

QUESTION	SELF	IMMEDIATE FAMILY
<p><b>Have you or any member of your immediate family ever been told by a doctor or other health professional that you have any of the following?</b></p>	<ul style="list-style-type: none"> <li>• Vision problems</li> <li>• Overweight/obese</li> <li>• High cholesterol</li> <li>• Chronic pain</li> <li>• Arthritis</li> </ul>	<ul style="list-style-type: none"> <li>• High blood pressure</li> <li>• Vision problems</li> <li>• Overweight/obese</li> <li>• High cholesterol</li> <li>• Arthritis</li> </ul>

### Community Conversation

FOCUS QUESTION	OCEANA COUNTY
<p><b>What can we do here to move closer to our vision of a healthy community?</b></p>	<ol style="list-style-type: none"> <li>1. Collaborate to unite resources for community</li> <li>2. Develop and promote mind and body wellness</li> <li>3. Enhance the wellbeing of families</li> <li>4. Build opportunities to connect community to resources</li> <li>5. Increase transportation options to community resources</li> <li>6. Connect community to housing resources and advocate growth</li> <li>7. Create employment opportunities for all abilities and increase workforce readiness</li> <li>8. Create activity for healthy lifestyles</li> </ol>